



2014 BINATIONAL HEALTH WEEK

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2014 Binational Health Week

Posted on [October 15, 2014](#)



Another year Juntos joins efforts with the [Mexican consulate in Kansas City, MO](#) for [Binational Health Week](#) (BHW) activities. BHW is the largest mobilization efforts in the Americas to improve the health and well-being of the underserved Latino population living in the United States.



This year we started the activities with the Bike Safety Rodeo Health and Financial Fair. The event took place on Saturday October 4th, at the [Gladstone Elementary School](#). The event attracted more than 200 underserved families. Bicycles were raffled for the children, and many educational information and health

screenings were provided including free immunizations. Juntos provided free basic health screenings (BMI, blood glucose, and blood pressure), diabetes risk assessment, and breast cancer information to approximately 60 participants. Thank you to all our committed volunteers that helped us during that day.

Activities continued throughout the week with events organized every day from Monday October 6th to Friday October 10th at the Mexican Consulate in Kansas City, MO. A total of 250 Mexicans received information, and access to health from all the providers available at the consulate. It was a BHW effort from numerous providers in the community. Participants were able to get information on the Affordable Care Act enrollment periods, health lifestyles, dental health, mental health, access to care, breast cancer information, and free basic health screenings (BMI, cholesterol, blood glucose, and blood pressure), and free immunizations from [Walgreens](#). In addition, doctors volunteered their time to be available for one-on-one sessions for any consultations and participants that were identified as potential cases for diabetes, or hypertension were referred to a clinic.

In addition, Arturo Ponce joined efforts in Southwest Kansas and participated in the Annual [Victory Electric](#) Community Health Fair to initiate the efforts for BHW in

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SW Kansas. Himself and Promotoras de Salud from Dodge City provided basic health screenings (BMI, blood glucose, blood pressure), and educational information on breast cancer, STDs, and smoking cessation.

Thank you again to the Mexican Consulate to help us collaborate on BHW efforts, and to all our volunteers for their continuous support in all our community outreach events in the community. Every person we reach we are a little closer to building a healthier Latino community in Kansas and Missouri.



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