Free Health Screenings in October

By José A. Álvarez

The annual event also takes place across the United States and Canada, with the participation of the two medical networks of Mexican, Mexican-American, and Latin cultures.

Bilingual Health Week is the largest mobilization effort in the American bi-
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"Live Well San Diego" has become an important part of our community health and wellness efforts. We believe in making it easy for people to access the services and resources they need to improve their health and well-being.

This year, we have expanded the program to include additional locations and services. We are excited to announce that we will be holding screenings at various locations throughout the county. These screenings will include blood pressure checks, glucose testing, and cholesterol testing.

The screenings will be held on a variety of dates throughout the month of October. Please check our website for a complete list of locations and times. We encourage you to bring your family and friends to participate in these important health screenings.

For more information, please visit our website or contact us directly.

Contact Information:

San Diego County Health & Human Services Agency

Live Well San Diego

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