VENTANILLAS DE SALUD
Structure

Ministry of Foreign Affairs

Ministry of Health

Institute of Mexicans Abroad

Consular Network

Develops support programs for Mexican Nationals living abroad
50 Ventanillas de Salud
Mexican Nationals in the US: Key Facts

• 11.7 million of Mexican Immigrants reside in the US, accounting for 28% of the 42.4 million foreign born population.

• 31% of Mexican immigrants work in the services industry and 26% construction and maintenance occupations.

• Age: the average age is 41 years compared to 44 of the foreign born and 30 for the US population.

Pew Research Center ..... /Migration Policy Institute, Migration Information Source, Mexican Immigrants in the US, March 2017.
Mexican Nationals in the US: State of Health

• 28% of Mexican immigrants live in poverty compared to 18% of all immigrant families and 10% of native born families.

• In 2014, 47% of Mexican immigrants were uninsured compared to 27% of the total foreign born population and 9% of the native born.

• Economic status, limited English language proficiency, and limited access to health care services are among the most prevalent barriers to health care and directly impact the state of health of Mexicans in the U.S.

Pew Research Center ..... /Migration Policy Institute, Migration Information Source, Mexican Immigrants in the US, March 2017.
Mexican National Population in the U.S.

*Source: The Hispanic Population: 2010/Census Briefs/prepared by the US Census Bureau*
VENTANILLAS DE SALUD

Health Window
The Ventanillas de Salud (VDS) aims to improve access to primary and preventive health care services, increase public insurance coverage and establish a medical home through information, education, counseling and referrals to quality health care facilities in a safe and friendly environment.
Ventanillas de Salud: Program Objectives

• Facilitate and navigate the **health care system** to Mexican migrants.

• **Raise awareness** about the most common illnesses in the Hispanic/Mexican community.

• Create and advance a culture of **preventive care** through health education, information and counseling on healthy living choices and habits.

• **Access to health services** provided/offered in the community.
VDS: Local Partnerships

The VDS has an extensive network of local and national health institutions, clinics, community organizations, governmental and educational institutions, that provide extensive support with screenings, educational material, health care services and health navigation.

Partnerships with local and national agencies
Mexican Nationals in Los Angeles County: Key Facts

• Los Angeles County has the largest Mexican Population in the United States, as 11% of Mexicans in the US live in this County.*

• There are about 815,000 undocumented immigrants living in Los Angeles County, out of which **513,450 are Mexican nationals.**

• According to a study on Health Coverage and Care for Undocumented Immigrants, 58% of them, in Los Angeles County, live under the federal poverty level, with limited access to healthcare services.**

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* Census Bureau 2014.
** Public Policy Institute of California, 2015.
Monthly Health Fairs in CONSULMEX LA
Immunizations campaigns

2,700 vaccines administered during the flu season in 2016.
Healthcare Programs:

Information:

- My Health Los Angeles (County)
- Health for All Kids (State)
- Covered California (Federal)
Physical Activities - Sports
- Zumba classes
- Soccer tournaments
- 5K run/walks
- Bike-a-thons
Workshops, conferences, trainings...

- Strokes/Heart Attacks
- Breast Cancer
- Autism
- Nutrition
- Reproductive Health
- Bullying
- Mental Health
- Diabetes...
VDS Results

- **VDS Users**
  - 1,500,000 Users

- **VDS Services**
  - 4,600,000 Services Provided

*Individuals can receive several services in one visit (screenings, educational counseling, referrals, etc.)*

*Official reporting document, Program Impact VDS, SSA, SRE, IME, 2016*
## VDS: Results

### Prevalence of the Leading Causes of Morbidity

<table>
<thead>
<tr>
<th>Type of Screening</th>
<th>Counseling/Orientation</th>
<th>Measurements</th>
<th>Positive / high values</th>
<th>Prevalence (percentage)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Measuring blood glucose</td>
<td>169,995</td>
<td>100,452</td>
<td>41,500</td>
<td>41.3</td>
</tr>
<tr>
<td>Overweight and Obese</td>
<td>260,874 (1)</td>
<td>91,700</td>
<td>45,308</td>
<td>49.4</td>
</tr>
<tr>
<td>Blood pressure</td>
<td>153,108</td>
<td>124,828</td>
<td>45,488</td>
<td>36.4</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>260,874 (1)</td>
<td>25,699</td>
<td>5,636</td>
<td>21.9</td>
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<tr>
<td>VIH/SIDA</td>
<td>86,340 (2)</td>
<td>17,832</td>
<td>388</td>
<td>2.1</td>
</tr>
<tr>
<td>ITS</td>
<td>86,340 (2)</td>
<td>12,869</td>
<td>803</td>
<td>6.2</td>
</tr>
<tr>
<td>Tuberculosis</td>
<td>54,829</td>
<td>1,078</td>
<td>81</td>
<td>7.5</td>
</tr>
</tbody>
</table>

*Source: Ventanillas de Salud: Key Performance Indicators Report*

*Period from January to December, 2016*

Includes counseling and orientation in order to prevent Obesity/Metabolic Syndrome/Cholesterol

Includes counseling and orientation in order to prevent VIH/SIDA or ITS
JUNTOS POR LA SALUD

Mobile Health and Wellness Program
Juntos por la Salud: Mobile Health

*Juntos por la Salud* aims to provide education, information and health preventative services to vulnerable populations in urban rural and rural areas outside key metropolitan cities where high populations of Mexican Nationals reside.
Juntos por la Salud: 11 Metropolitan Cities

- MIAMI
- RALEIGH
- ORLANDO
- LAS VEGAS
- LOS ANGELES
- PHOENIX
- TUCSON
- DALLAS
- NEW YORK
- CHICAGO
JPLS Program Outcomes 2016-17

- Total de usuarios: 30,000
- Total de servicios brindados: 150,000
- Hombres: 7,800
- Mujeres: 12,000
SCREENINGS: Glucose, Cholesterol, STD’s, Blood Pressure, Papanicoulaus.

Referrals to My Health LA Program.

PEOPLE SERVED: 3,415 since April 2016.
VDS 2016: 102,000 people.
MEDIA: TV, Radio and Printing Press

SOCIAL MEDIA: Facebook, tweeter, Website