14th Summer Institute on Migration and Global Health

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Date: July 11, 2019
Time: 3:15-4:30 pm
Location: The California Endowment (TCE), 2000 Franklin St., Oakland

Workshop Title: Mental Health and PTSD in War Refugees

Description: This workshop will review the neurophysiology of posttraumatic stress disorder (PTSD) and discuss the limitations of PTSD instruments in evaluating trauma in non-Western cultural settings. Arab and Afghan explanatory models for mental health, distress, and illness, idioms of distress, socially normed help-seeking behaviors, and expectations from providers will be presented.

Workshop Plan

3:15-3:25 Introductions  5 min
3:25-3:35 Neurophysiology of posttraumatic stress disorder (PTSD)  10 min
3:35-3:50 Participant exercise 1: Embera Incident, Columbia  10 min
3:50-4:00 Arab Idioms of Distress  15 min
4:00-4:15 Participant exercise 2: Afghan case vignette discussion: “Asadullah”  15 min
4:15-4:25 Afghan Idioms of Distress  15 min
4:25-4:30 Afghan patient “S”  5 min

Total time: 75 min

Resources


