

INFORMATION ON TRAVELING DURING THE COVID-19 PANDEMIC WITHIN THE U.S. AND INTERNATIONALLY

Before traveling

- There are different requirements that are important to review regarding the use of masks, vaccination certificates, screenings or quarantine policies.
 - **Within the US:** verify the current COVID-19 situation and the preventative guidelines of your destination.
 - **Internationally:** verify the current COVID-19 situation and the preventative guidelines of your country of destination.
- It is better to travel when you are fully vaccinated.
- Even if you are not fully vaccinated, get a viral test to detect COVID-19 1 to 3 days before you travel depending on your destination.
- Here is the link to [find a COVID-19 testing location in your area](#).
- If you are traveling by plane/bus/train, check if your airline/station requires vaccination documentation, screening tests, or other documents. Remember that restrictions and policies related to COVID-19 can change at any time and vary by location.

DO NOT travel if

- You show symptoms of being sick with COVID-19.
- You have been exposed to COVID-19 in the last 7 days, unless you present a negative COVID-19 test or have recovered from COVID-19 in the past 90 days.
- Obtained a positive COVID-19 test and have not completed the recommended isolation period (even if you are fully vaccinated).
- You are waiting for your COVID-19 test result.
- If the result is positive, you will have to isolate and postpone your trip until it is safe to terminate isolation.

During the trip

- The use of a mask is mandatory in **ALL** public transportation (including buses, trains, and other forms of public transportation), and enclosed spaces in transportation hubs such as airports and stations.
- Follow recommendations such as keeping a social distance of 6 feet (2 meters) from other people, wearing masks that cover your mouth and nose, and washing your hands frequently.

After traveling

It is possible that while traveling you expose yourself to COVID-19, so, even if you do not have any symptoms, the following is recommended:

- If possible, stay in quarantine for **7 full days** after traveling, if you have to go outside, use a mask, avoid contact with other people, and wash your hands frequently.
- Get a COVID-19 test; you can still spread COVID-19 to others without presenting symptoms.
- The CDC recommends taking the following precautions after returning from a trip:
 - Be attentive to COVID-19 symptoms.
 - Isolate yourself and get tested if symptoms arise.

To Return to the US

- Starting December 6, 2021, if you plan to travel internationally, you will need to get a COVID-19 viral test (regardless of vaccination status or citizenship) no more than 1 day before you travel by air into the United States. You must show your negative result to the airline before you board your flight.

If you are NOT fully vaccinated

- Stay quarantined for 7 full days after traveling.
- Take a viral COVID-19 test after completing your 7 days in quarantine.
- If your screening test is positive, isolate yourself, avoid others, and notify those who you came into contact with the last few days.
- If you don't get tested for COVID-19, stay in quarantine for 10 days after traveling.

(Information obtained from CDC and updated 12/6/21)